



## Ancient Wisdom for Modern Times

Issue 1: June 2010

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### How do we Receive Ancient Wisdom in Modern Times?

Welcome! This newsletter introduces you to the updated knowledge and information which is communicated to humanity at this time of our changing world and shifting consciousness. This wisdom comes from the Light Beings of the Divine Angelic Realms via their channel, Jacqui Gilbert. Jacqui and Bridget Hall write books which record this Angelic Wisdom. The first publication in the Ancient Wisdom series is introduced to you below.

This information by-passes everything man-made or manipulated, and creates a completely new, raised resonance paradigm for us. As a consequence of expanded awareness, a higher frequency state of uplifted consciousness develops. This supports expanded sensory perception so that we can perceive more of what is already out there in the non-material world.

The Angelic Light Beings take us back in time; before any religion, government or corporation on Earth was formed. They grant us the opportunity to examine what was a peaceful ancient Earth before major power struggles and wars began. They do this by speaking about how things were from the beginning of time, who was involved in the struggles of the Light and the dark, and how and why things began to degenerate. This information exists and is available for humanity to hear and read about if we make this choice, regardless of what has been hidden from us or destroyed to date.

Developing an expanded knowledge base and perceptual ability includes learning about our true purpose on Earth as souls having a physical, Earth experience, and what our human experience of reality was intended to be - as opposed to what it has become. From this we learn about the true spiritual teachings of the Godhead, which is the natural and most desirable way of life on Earth. This natural way of being is governed by thoughts, feelings and actions of unconditional love of the self and for others - as opposed to sacrifice, pain and suffering. We learn how to re-create this heart-centred reality to live fulfilled, peaceful and happy lives. This introduces us to spiritualised physicality; an alternative reality.

Hopefully, this newsletter will introduce some fascinating subject matter to

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### Book Availability

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<https://www.createspace.com/3437185>

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you, as well as pose some thought-provoking questions and possible answers to some of life's biggest challenges - courtesy of the Angelic Light Beings. We trust that you find it both interesting and informative. We welcome any questions or comments.

Please feel free to [SENDFRIEND] who may be interested in this information or [UNSUBSCRIBE] if you no longer want to receive any more mail from us.

Regards,  
Jacqui & Bridget

PS - Ancient Wisdom Publications publish the knowledge and information from the Angelic Light Beings. Jacqui Gilbert provides private sessions, group courses and holds weekly channelled meditations at her centre, Transformation Development Centre in Bryanston, South Africa.

\*\*\* FREE GIVEAWAYS \*\*\*

SEE SIDE BAR BELOW RIGHT FOR MORE DETAILS

\*\*\* NEW BOOK \*\*\*

### Book One: The Upliftment of Consciousness

This book is the collaborative effort of two authors: Jacqui Gilbert and Bridget Hall. Jacqui is the channel for the Angelic Light Beings, Osiris, Isis and Thoth - among others. The Angelic Light Being Osiris was also previously known as Apis-Osiris and as Serapis of Ancient Greece. Their channelled communications are transcribed verbatim and discussed in this book. Although none of these great Angelic Beings of Light have been heard from in this direct manner for many years, they are now ready to deliver knowledge and information to humanity – in support of our upliftment and development. The issue at stake is one of shifting dimension at this time as we approach 2012 and the end of the long cycle of suffering which the Mayan Calendar details. We do this successfully by learning to live from the heart and expand our awareness. In the process we naturally begin to anti-age and become more 'psychic'.....

#### Issues which the Angelic Light Beings clarify in the new book

Super-senses - Telepathic Communication - Healing - Soul Purpose - God or the Godhead - 2012 - Ascension - The Mayan Calendar - Karma - Dimensions - Earth Shifts & Changes - Reincarnation

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website: [www.stargateway.co.za](http://www.stargateway.co.za)

### Osiris' Weekly Meditations

6 - 7 pm Every Wednesday  
R100,00 (including tea and scones)  
8 Moray Drive, Bryanston

**Personal Appointments**  
[jacqui@transformation.co.za](mailto:jacqui@transformation.co.za)

**Course Information**  
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### Sample Giveaway

Click here for a free sample of this balancing, soothing, moisturising, pain and stress-relieving healing oil.

This free give-away is limited to the first 50 e-mails received. Please provide your postal address to receive this product sample.



For more Information click on any of the links below or scroll down the page.

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\*\*\* Meditation \*\*\*

### Transcript Giveaway

[Click here](#) for a free transcript of a weekly meditation.

This free give-away is limited to the first 20 e-mails received. The transcript will be e-mailed or faxed to you. Please provide the relevant e-mail address or fax number to receive this.



### Excerpt from an Osiris Meditation

This excerpt is from 21 April 2010 - click on [www.stargateway.co.za](http://www.stargateway.co.za) to download an mp3 and the full transcript. Numerous meditations are available.

"Greetings to you, Beloved Ones. It is on this day I come forward to communicate with yourselves (and) to bring forward (a) visualization. It is

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to support you on the pathway forward at this time (at) the beginnings of the opening of (the) spiritual Pathways of Light.

(There is) the understanding that, through this period, the entirety of the planet (is) moving forward through (a) great shift of understanding (and is) beginning to shift the paradigm that has taken place in the past for many, many lifetimes.

“(There is) the understanding for yourselves to be in the acknowledgement on the Pathway of Light (and) of the bringing into the understanding that, as you continue forward, so it is the acknowledgement of all that has (been) stated in many linear years past. And all the understandings (are) to be brought forward into the acceleration on the pathway to move into the Living State of Ascension (i.e. heart-centred reality; spiritualized physicality).

“It is to understand through this period - so it is (from) the perspective of the alignment of star system (and) the understandings of the connectivities and alignments with the planet Earth at this time (i.e. which are stimulating Earth with high frequency Light) - the many shifts that do begin to take place. (There is) the understandings that, through these procedures, so it is for many to move into the understandings of their pathway in physicality. And so it is (that) I have taken you forward through various healing procedures over (the) past communications, through (the) meditative state.....”

Go to [www.stargateway.co.za](http://www.stargateway.co.za) to download an mp3 or the full transcript of this or of numerous other meditations.

## Additional Information

### A [MESSAGE](#) FROM OSIRIS

#### Blessings of Great Light

“Greetings to you, Beloved Ones. I come forward on this day, Beloved Ones, to be with you. Greetings to you.

“It is as I greet you on this day, Beloved Ones. I wish to bring forward many blessings to yourselves (and) many blessings of great Light. I wish to connect and communicate with yourselves from the presence of Spirit - in order to understand from the connectivity of the vibrational energy of the dimension in connection of the Godhead, to bring forward the

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Cresta

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understanding for yourselves in all aspects of growth and learning, in all aspects of development further (and) in the procedures of the connectivity of the Pathway of the Living State of Ascension.” [Return](#).

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## [INFORMATION ABOUT THE ANGELIC LIGHT BEINGS](#)

### **The Light Beings and Vibrations**

At a microscopic level, the material realms (where humans exist) and non-material realms are distinguished from each other by the speed at which the various particles they are made of move. These minute movements of particles are what create the set of vibrations that determine the shape, size and position of a particular object, person or place, realm or dimension. These subtle vibrations, therefore, determine where we are, who we are, what we look like and what we are able to perceive. Our understanding of our world and everything in the Universe is directly related to our own vibrations.

The Light Beings who are mentioned in this book are non-material beings in Spirit, or light, form. They are also known of as Angels. They do not currently exist as physical beings on the physical Earth, but they are able to communicate with us on Earth by altering the speed of their vibrations. They use a physical channel (Jacqui Gilbert) to do this so as to be perceived in the physical world. Book an appointment with Jacqui for a personal channelling or to find out more about her courses by e-mailing her at [jacqui@transformation.za.com](mailto:jacqui@transformation.za.com).

The material substances of Earth are dense and compact. As such they are perceived by us as solid forms, whereas quantum physics demonstrates they are anything but that. Earthly substances fall within a specific frequency range. When we speak of the Light Beings as being non-material, this is relative to the dense material nature of our own physical world. The Light Beings have a substance, but it is much lighter than our own - one which we are not physically aware of, because it is of a much higher frequency Light than we can currently perceive. As the name indicates, they are light; high frequency light - more of luminosity than a solidity. [Return](#).

### **Human Intuitions and Universal Wisdom**

The advantage of these Beings of Light from the higher dimensions guiding us in open communications is that our human intuitions, understandings and physical reality may expand into the greater, Universal context of the material as well as non-material knowledge, wisdom and awareness. The confirmation of personally derived information from these

'outside' Angelic sources allows us to work more smartly with intuited, or psychically channelled, knowledge.

Although they are in personal contact with a great many people as an inner guiding voice, the Light Beings can assist us still further with direct disclosure of information through a human voice channel (Jacqui). This channelled method of communication with the Light Beings provides us with a greater and faster opportunity for learning than we would otherwise have had. Click on [www.stargateway.co.za](http://www.stargateway.co.za) to purchase an mp3 or a transcript of Osiris' weekly channelled meditations. [Return](#).

### **Unconditional Love**

The Light Beings bring us their information, support and guidance through the highest frequency vibration of all: unconditional love. They have stated their desire to assist us to reconnect to our own higher frequency states of Light. This helps us to more easily follow the Pathway of Return to the Light of the Godhead (God). The state of being of the Godhead is their Home. [Return](#).

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### **SYNOPSIS OF THE BOOK**

#### **Ancient History Re-Visited**

In this book Osiris informs us about some astounding facts relative to ancient Earth history. This is information that exists in abundance in the Ancient Sumerian and Babylonian clay tablet texts. Some of this information has been translated by competent scholars, but not all of it is understood. We are in the fortunate position of being able to get the full story from Osiris. He tells us that further documentary evidence of what he discusses with us still exists - including the fact that most of the deserts in the world are the result of the Earth-made disasters and explosions that ultimately ended Atlantean Era society, and most of life on the planet, about 34 000 years ago.

Extensive documentary evidence exists - left behind by the various Light Beings and Masters of by-gone years and eras. This details our true spiritual connections and abilities, but remains hidden - in deference to man-made religions, corporations and government-made systems which maintain control and power. Some of this information is hidden in various vaults and secret government archives, but a lot is still to be uncovered. This information will be released to the world when it comes to light, partially because the sheer volume of it will be hard to hide. As we advance in consciousness, more and more information will be found.

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### **Living Ascension: Spiritualised Physicality**

Our understanding about what has happened on Earth as opposed to what was supposed to happen, in terms of humanity's enLightenment, lies at the heart of the success of the new wave of consciousness that is enveloping all people. It is this upliftment and expansion of our awareness that is supporting us to get back on track and move forwards on our spiritual pathway, as human beings, towards enLightenment. Almost unbelievably, we learn that we can reach the heights of spirituality whilst remaining physically alive. We can develop an open connection to the Divine state of being of the Godhead, as human beings - albeit the beginning stages of this connection.

This involves the process of living ascension which the Light Beings teach us about. We hear how we can transcend the lessons of the Wheel of Karma which have dogged our lifetimes for many thousands of years to date. To this end, we morph ourselves into a state of spiritualised physicality by expanding our perceptual ability beyond the current 4th dimension of physical reality, to make the 5th dimension of spiritual reality relevant in our physical lives on Earth. The alternative is not even worth considering: that we continue on a lowered resonance Earth in the 3rd or the 4th dimension for another long and repetitive cycle of learning. [Return](#).

### **Living from the Heart**

The only way that we will be able to shift our reality experience into a higher frequency status and achieve an altered dimension experience, is to learn to live from the heart. An important part of this process is learning self love and to love others, unconditionally. This is not an easy thing for human beings to do, especially as we all carry with us baggage from our childhood, as well as from past lifetimes. It is these low frequency vibrations - generated from cellular memories and toxins - that dull our consciousness and keep us in the stifled and blinded state that we know so well. We call this our reality. Osiris and the other Light Beings inform us that all we have to do to shift into a higher dimension is to raise our resonance. As easy as this may sound - and it is - it nevertheless involves some specific lessons and procedures along the way. [Return](#).

### **Psychic Development**

All of the channelled information and the living ascension processes amount to the upliftment of consciousness, because they raise our resonance once we are exposed to their high frequency vibrations. Once we have developed a more expanded ability to perceive, we begin to experience as real that which is currently unseen in the non-material realms of the higher dimensions. We begin to gradually and naturally see, hear and feel more as we develop and expand our existing senses into

This is how our natural psychic abilities evolve, from within us. We develop our latent skills by uplifting ourselves to resonate with higher frequencies of Light. This is our birthright. Not only do we grow and change personally, but this is how the species evolves too: as sufficient numbers of humanity start to vibrate at higher frequencies of Light we all begin to harmonically resonate with those newly introduced frequencies. All parts of our physical bodies, including the DNA, naturally respond to these higher frequencies and this high frequency stimulation enables more of the uncoded parts of it to be re-activated. This is the physical function involved in psychic development and the upliftment of consciousness that is so necessary for an altered dimension experience. [Return](#).

### **The Alternative**

Although not many people will initially be familiar either with the terminology used or the Angelic Light Beings themselves, the concepts in the book will resonate within their hearts as they read about them. This is simply because many people across the planet are already living the principles of unconditional love and are embracing the change they see and feel all around them - including the catastrophic Earth shifts and changing global financial climate.

Those who reject the principles of unconditional love will naturally not resonate with higher frequency vibrations, no matter how they are presented. These are the people or nations who are desirous of war and who choose to maintain the old order in this way. Their future, therefore, will include much of what humanity has just been through: many lifetimes of difficult learning on the seemingly never-ending pathway of reincarnation on Earth, in the 3rd or the 4th dimensions of reality, and out of open contact with the state of being of the Godhead. It is these people who, unknowingly, will shift into their own new cycle as the rest of the world shifts into a higher dimension reality, at the end of 2012. Life, and a sense of separation from the Godhead, will be maintained as it has been for many long centuries of darkness - give or take a few Earth calamities.

However, we needn't necessarily see this period of the year 2012 as the 'end times' as has been predicted and discussed by people. Rather, it is a time of choice. 2012 marks the end-times of the old ways, if that is what we choose. That choice is easier to make when we are informed and have more knowledge available to us. In this way we develop the opportunity for ourselves to forge a new pathway ahead, as the collective of humanity, rather than continue on the old one. This new pathway is heart centred.

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**Conclusion**

Essentially, this book is the ultimate in self-help technology for this time of enLightenment. It clearly details the choices we face and how we can make the best of our options, as human beings living on Earth at this important time of history. To this end, an open mind is recommended when reading this book. Many of the concepts and disclosures are mind-boggling, but all of them are extremely interesting and potentially uplifting.

We, the authors, sincerely hope you enjoy the book. [Return](#).

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### **BOOK EXTRACT**

“One way or another, we hunt not just for more meaning in our own personal lives, but for the meaning of life here on Earth – individually and as the collective group of humanity. There is a reason for this life and that meaning has been written about, preached about, set forth and hinted at, ever since man has been on Earth.

“Since time immemorial, governments and social institutions on Earth that offer spiritual teachings, have gone to war to ensure that the power base of their own theories and structures are upheld. The main aim behind these ideological-based wars is to control humanity. In this manner more and more believers have been hustled into the fold and riches gathered to maintain the system. Divine Truth and the pursuit of the genuine spirituality of the Universe have frequently fallen by the wayside in the process.”

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### **THE AUTHORS: Jacqui Gilbert & Bridget Hall**

**Jacqui Gilbert** - metaphysical teacher, healer, channel and mother of four children ranging from 15 to 38 years of age.

Jacqui has been active as a metaphysical teacher for over 30 years. Having been in visual and auditory contact with the Ascended Masters since childhood, she now channels communications from the Angelic Light Beings, Osiris, Isis and Thoth, and others. At times these Light Beings invite others to speak through her - such as Lord Buddha, Quan Yin, Sanat Kumar, Lakshmi, Djwhal Khul and Enki. The Light beings communicate the ancient spiritual wisdom of the ages to us through Jacqui. These channellings are now being formally documented through a series of books in order to support humanity during this time of the changing wave of consciousness on Earth.

Jacqui dedicates her days and most evenings to conducting private and

group workshops at her centre in Johannesburg, South Africa. Although she normally works in South Africa throughout the year, she has done occasional work elsewhere, such as in Italy and the USA. She also conducts annual workshops in Hong Kong each December. All of the workshops include a channelled content, to a greater or lesser degree. The particular Light Being she will channel at any given point in time is dependent on the workshop in question. Basically, the workshops are her every-day job. That is what she does. Jacqui's courses are based on self-development, self-mastery and the enLightenment of the self. Some of the courses she offers are the following - e-mail Jacqui at [jacqui@transformation.za.com](mailto:jacqui@transformation.za.com) or visit [www.stargateway.co.za](http://www.stargateway.co.za) for more course dates, prices and general information:

- **Self Mastery 1 - 8 (with Osiris)** – self development, psychic development and personal growth. Frequency - weekly 2 hour sessions every month for eight months.
- **Living Ascension 1 (with Osiris)** – learning the basics of how to raise your resonance and live from the heart so as to shift into an alternative, higher dimension while still remaining physically alive, which is especially important as we approach the dimension-shifting time of 2012. The course includes an introduction to correct ancient history, including our links to the consciousness of other planets and stars. 'Book One: The Upliftment of Consciousness' is based upon this course. Frequency - weekly 2 hour sessions every month.
- **Living Ascension 2 (with Isis)** – as an extension of the preceding Osiris course, this course delves more deeply into resolving long-held issues, from the basis of unconditional love - for the self and for others. The emphasis is on balancing the masculine and feminine energies within the self and extending this outwards, through the heart, to others. Books Two and Three are based upon this course. Frequency - weekly 2 hour sessions every month.
- **Living Ascension 3 (with Thoth)** – as an extension of the both the previous Osiris and Isis courses, this intense course involves deeper study, by means of the knowledge and information from Thoth. We learn more about the genealogy of the Light Beings, Earth history, human history, scientific principles and healing. Books Four to Seven are based upon this course. Frequency - weekly 2 hour sessions every month.
- **Isis Mysteries (with Isis)** – this is a powerful course which students who have been through the various Living Ascension courses may take part in. It involves learning the magical manifestation processes of the ancients through Isis' Mystery School of Light, from the basis of our raised resonance. Frequency - weekly 2 hour sessions every month.

- **Unconditional Love, Relationships and various other courses** (with **Osiris**) – these short 2 hour courses focus on pertinent issues. Frequency - 2 hour sessions, as required.
- **Meditation Course** – this features Jacqui's healing meditations. Topics change monthly. The focus is on pertinent issues of healing and releasing. Frequency - 1 hour sessions, each week for 1 month. **June topic** - Unconditional Love of the Self.
- **The Gateway** (with **Osiris**) - this course is done in conjunction with a hypnotherapist who has a doctorate in psychology. This is a powerful cellular memory release programme and healer of inner child issues - an essential course for everybody, young and old. Frequency - 1 and 1/2 days duration, throughout the year.
- **Tarot** – this course teaches the art of divination through the medium of tarot cards. Frequency - 4 x 2 hour sessions, throughout the year.
- **Runes** – this course teaches the art of divination through the ancient system of the runes. Frequency - 4 x 2 hour sessions, throughout the year.
- **Healing** – this course teaches healing massage, using colour therapy, symbols and practical hands-on experience. Frequency - 4 x 2 hour sessions, throughout the year.
- **Meditation** (with **Osiris**) – these are weekly, channelled meditations from Osiris. They support the living ascension processes and courses. The mp3s and transcripts can be downloaded from the website [www.stargateway.co.za](http://www.stargateway.co.za). Frequency - every Wednesday.
- **Ancient Sacred Sites Courses and Tours** – these include various courses which deal with the ancient sacred sites of the world, detailing how they came into being, who built them, their true purpose and their relevance in our lives today. They are linked to the trips to the ancient sacred sites of the world which Jacqui and her students undertake throughout the year. Sites visited to date include Egypt, Tibet, Peru, China, Italy, France, England, Scotland, Ireland, Kenya, Zimbabwe and South Africa. Frequency - 2 day weekend or 2 week trips, throughout the year.

Jacqui's courses range from the simple to the extensive and very involved. They are all intended to support people to move more easily with the changing wave of consciousness which is prevalent on Earth at this time. In this way we are afforded the opportunity to learn and understand more about what the Mayan Calendar details - the end of a long 5 000+ years in the dark and the shift into a higher frequency state of Light, by means of unconditional love. There are degrees of complexity and depth of course content which depends on who they are directed at. The courses are tailored made with regard to their duration, where the courses are conducted

and who is attending them. Naturally, at the moment, Jacqui's local courses can run for more extensive periods than those overseas. She is usually booked out for all her courses. [Return](#).

Contact Jacqui on Mobile: +27 (0)71 326 0200, Land Line: +27 (0)11 463 7380, e-mail: [jacqui@transformation.co.za](mailto:jacqui@transformation.co.za) or website: [www.stargateway.co.za](http://www.stargateway.co.za)

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**Bridget Hall** - business woman, writer and mother of three ranging from 17 to 25.

Although, like many people, I had spent most of my life aware that I was intuitive I had concentrated my daily efforts on business pursuits and bringing up children. Alternative healing and spirituality were my much-loved hobbies and I attended courses and conferences all over the world to satisfy my interest. Clearly this was no coincidence and, when my younger son suffered a traumatic and paralysing neck injury at the age of 18, I was relatively well equipped to be able to look further into alternative means of healing for him.

In search of wisdom and spiritual knowledge and eager to understand the Karmic issues behind the traumas and difficulties of life, I was introduced to Jacqui, and through her, the Angelic Light Beings, Osiris and, later, Isis and Thoth. I was keen to understand what was behind my son's difficult life journey, the role I played in this and how to help him heal.

Aside from putting me in the picture me about the past lifetime issues which were being played out in this lifetime, and helping me to 'remember' how to make powerful vibrational medicines based on monatomic elements (click on [info@phoenixhealth.co.za](mailto:info@phoenixhealth.co.za) to find out more about these powerful vibrational balancing and healing products) Osiris informed me that the Light Being, Djwhal Khul (known as the Ancient Tibetan who Alice Bailey channelled in the first half of the 20th century), was waiting for me to begin to write. Stunned, I asked for more information, only to be told, "*It is to write. It is to begin.*"

Armed with nothing more than this, I did exactly that: I sat down and wrote. I took about a year to write the first, meager 30 000 words which somehow started to filter through into my mind as my fingers tripped across the keyboard. They turned out to be simple words of Buddhist wisdom. Subsequent to this some beautiful poetry from Lord Buddha followed as well as a book supported by the Archangel, Lord Melchizedek which discusses the search of the self, from within. These will be available through Ancient Wisdom Publications in due course. Although I have always written in one form or another, I had never before dealt with

channelled information in this way.

This began an exciting and highly rewarding voyage of discovery for me as I delved into my ancient past, sought correct ancient history and Earth's connections to other forms of consciousness from elsewhere in the Universe - specifically the Ultra-terrestrial Light Beings: the Archangelic and Angelic Beings of Light. After a couple of years Osiris asked me to continue writing, this time in support of the Light Beings' communications to help humanity through these disruptive times of the Earth's shifts. In this way, the Ancient Wisdom series of books was birthed and Jacqui and I were guided to combine the transcribed channellings and write the channel-assisted discussions.

I have attended all of Jacqui's courses and most of her tour group journeys to the ancient sacred sites around the world - [click here](#) for more information about these Soul Journeys. I work with her on an almost daily basis for one reason or another. I dedicate most of my time to writing about what I have learnt and what Jacqui channels from the Light Beings, developing vibrational healing products and the learning more spiritually. In time, each one of Jacqui's courses will have a book dedicated to it so that more people all around the world can access the teachings of the Light Beings in different formats.

Book One: The Upliftment of Consciousness is the foundation-laying, informative first book. It is used as a reference book about the various different subjects that the Light Beings introduce us to. The next two books, Books Two and Three: Isis Mysteries of Love and Life (Volumes I & II), detail the mysteries, courses and communications from Isis. These include the more advanced principles and practices of the Living Ascension II course, as opposed to Osiris' Living Ascension I course. The Isis books are based on learning how to balance the masculine and feminine energies within us and truly live from the heart, in unconditional love. This is the only way to shift into an alternative reality of a higher dimension.

The next four books to be published detail the communications and wisdom from Thoth. Aside from filling us in about his own star origins, how structures such as the pyramids were built and what we are all doing on Earth, he has promised us information about easily understood science and ancient healing methods. After this we will hear from Horus and Enki, and their information will be collated into book form too.

My own journey has been phenomenally exciting and has opened me up to many things, skills and talents that most people think are impossible or of a fantastical nature. This came about through my contact with the

Angelic Beings of Light who I 'met' through Jacqui and her courses. For this enLightenment I am eternally grateful - to the Light Beings for patiently working with us, and to Jacqui for dedicating her time to this work. [Return](#).

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