



# Self Mastery Course

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This wonderfully powerful course, which was developed by Jacqui, presents an opportunity for a unique means of support for accelerated personal growth and metamorphosis. During the course you discover that you have the power to do anything that you choose to do and that life is to be celebrated as you follow your own unique path. To this end, you will be taught a series of simple techniques:

- To become conscious that you create your own reality 100% of the time. This enables you to tap into the tremendous resources and powers that lie within you.
- To break down belief systems “that no longer serve you” and that which is “forbidden” by yourself, whilst releasing fears and insecurities at the same time.
- To reconnect with your intuitive wisdom, expand your awareness and shift your consciousness. (We all have intuitive powers or what is referred to as the 6th sense. It is important to develop this ability and use it efficiently).
- To discovering the meaning of integrity and being true to yourself and being able to live this as a daily truth, 100% of the time, without fear. Living your truth unlocks your creativity and in so doing opens you up to new opportunities, possibilities and shifted perceptual abilities.
- How to detach yourself from the ownership of people, material possessions and emotional issues.
- How to create your own joy and happiness. And, while connecting with your “self” and with the inner child energy, you discover a new fascination for life and which assists you to tune into your own courage. This enables you to take the necessary bold steps towards the passion-filled life you really want.
- How to meditate. This assists you to find tranquillity and peace within, by moving into that space between thought.
- How to perceive the energy field of the aura and the meanings associated with this.
- How to unleash your psychic ability and allow yourself to perceive and receive more information to assist you on your pathway of growth.

As you begin this amazing pathway of self-discovery, so you begin to rediscover your intrinsic beauty, capture the very essence of your being, unleash dormant energy and awaken a lust for life. Respond to your soul’s call or adventure and start on this journey towards an abundance of love.

The Self-Mastery Courses provide step by step lessons which start with “Self Master 1” and progress through to the level of “Self Mastery 8”.