



The Gateway Workshop

Who are you really underneath all the masks, pretences, biases, emotions, thoughts and layers and layers of conditioning? Are you ready to face and to reconnect with your true, authentic self? The chances are that, if you are reading this information, you **are** ready and you **know**, that you are the only one who can set yourself free.

Read through the following questions and consider your answers.....

- "I will never be like my mom/dad."
- "I can't help it, it is genetic."
- "It is in my genes."
- "I have my father or mother's temper."
- "You are just like your father/mother!"
- "I will never forgive him/her."
- "My mother/father was also always depressed."
- "I don't know why this is upsetting me so much."
- "I don't like beans/carrots/tomatoes/etc."
- "I am not good enough."
- "Nobody loves me."
- "I don't know why, but I just don't like him/her."
- "I will never get involved with a person with an addiction."
- "Always put up a brave face."
- "I just feel so sad all the time and there is no real reason."

Do you recognize any of these phrases?

Have you ever caught yourself reacting in a certain way and come to the conclusion that you are behaving exactly like someone else that you know?

These are simple sentences... simple words... but how true are they? Are you the victim of your parents, other influential people's behaviour or your life circumstances?

What is cellular memory and how does it affect your behaviour and your well-being?

Are you just a puppet playing a pre-described role, or do you have choices?



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The Gateway Course focuses on identifying and releasing your cellular memories by releasing the programmes and conditioned responses that no longer serve you.

Where did this conditioning start?

Who are you conditioned by?

How did it happen?

Why did it happen?

What types of cellular memories are there?

How are these cellular memories affecting you?

Does all the anger, fear, guilt, shame, spite, sadness, depression, loneliness, insecurity etc that you are experiencing belong to you, or are you carrying somebody else's energy?

In the journey process of cleansing and healing cellular memories, and processing through forgiveness of the self and others, you regain your personal integrity. You rediscover WHO and WHAT you truly are.

This workshop assists you to answer the questions: Where you are from? Why you are here? Where you are going? And how you are going to get there with your renewed purpose? It assists you in connecting with your essential self and your true life purpose.

As long as your cellular memories are controlling you, you can never be free. One of the biggest gifts you can give yourself, is to set yourself free from these memories and to reconnect with the real you. The Gateway Workshop assists with this process.